

Individual Career Records

Points

1. 252 - Christine SINCLAIR (110g 32a) - 2001-05
2. 246 - Tiffeny MILBRETT (103g 40a) - 1990-92,94
3. 219 - Shannon MacMILLAN (87g 45a) - 1992-95
4. 139 - Danielle FOXHOVEN (57g 25a) - 2008-11
5. 136 - Michelle ENYEART (48g 40a) - 2006-09
6. 124 - Justi BAUMGARDT (37g 50a) - 1993,95-97
7. 111 - Sophie SCHMIDT (40g 31a) - 2007-10
8. 110 - Lindsey HUIE (31g 48a) - 2001-05
9. 100 - Linda BROCK (41g 18a) - 1981-84
- 100 - Vanessa TALBOTT (46g 8a) - 1997-00
11. 96 - Wynne McINTOSH (42g 12a) - 1994-97
12. 88 - Megan RAPINOE (30g 28a) - 2004-08
- 88 - Natalie BUDGE (31g 26a) - 2004-07
14. 77 - Taryn RIES (34g 9a) - 2017-21
- 77 - Tara KOLESKI (30g 17a) - 1996-98
- 77 - Tammy MARTINDALE (27g 23a) - 1991-94
- 77 - Kendra CHANDHOKE (30g 17a) - 2006-10

Points per game (min. 15 games)

1. 3.32 - Tiffeny MILBRETT (74 games) - 1990-92,94
2. 3.13 - Tori ROGEL (15 games) - 1990
3. 2.68 - Christine SINCLAIR (94 games) - 2001-05
4. 2.67 - Shannon MacMILLAN (82 games) - 1992-95
5. 1.80 - Dawn WAGNER (20 games) - 1985
6. 1.79 - Michelle ENYEART (76 games) - 2006-09
7. 1.70 - Gina ANTHONY (37 games) - 1984-85
8. 1.60 - Danielle FOXHOVEN (87 games) - 2008-11
9. 1.54 - Sophie SCHMIDT (72 games) - 2007-10
10. 1.52 - Linda BROCK (66 games) - 1981-84
11. 1.47 - Megan RAPINOE (60 games) - 2004-08
12. 1.46 - Justi BAUMGARDT (85 games) - 1993,95-97
13. 1.37 - Kris WALLACE (38 games) - 1986-88
14. 1.35 - Karyl WING (20 games) - 1985
15. 1.28 - Kris KENT (39 games) - 1986,88

Goals

1. 110 - Christine SINCLAIR - 2001-05
2. 103 - Tiffeny MILBRETT - 1990-92,94
3. 87 - Shannon MacMILLAN - 1992-95
4. 57 - Danielle FOXHOVEN - 2008-11
5. 48 - Michelle ENYEART - 2006-09
6. 46 - Vanessa TALBOTT - 1997-00
7. 42 - Wynne McINTOSH - 1994-97
8. 41 - Linda BROCK - 1981-84
9. 40 - Sophie SCHMIDT - 2007-10
10. 37 - Justi BAUMGARDT - 1993,95-97
11. 34 - Taryn RIES - 2017-21
12. 31 - Natalie BUDGE - 2004-07
- 31 - Lindsey HUIE - 2001-05
- 31 - Amanda FRISBIE - 2010-13
15. 30 - Tara KOLESKI - 1996-98
- 30 - Kendra CHANDHOKE - 2006-10
- 30 - Megan RAPINOE - 2004-08

Goals per game (min. 15 games)

1. 1.39 - Tiffeny MILBRETT (74 games) - 1990-92,94
2. 1.33 - Tori ROGEL (15 games) - 1990
3. 1.17 - Christine SINCLAIR (94 games) - 2001-05
4. 1.06 - Shannon MacMILLAN (82 games) - 1992-95
5. 0.68 - Gina ANTHONY (37 games) - 1984-85
6. 0.66 - Danielle FOXHOVEN (87 games) - 2008-11
7. 0.65 - Dawn WAGNER (20 games) - 1985
8. 0.63 - Michelle ENYEART (76 games) - 2006-09
9. 0.62 - Linda BROCK (66 games) - 1981-84
10. 0.59 - Kris KENT (39 games) - 1986,88
11. 0.56 - Sophie SCHMIDT (72 games) - 2007-10
12. 0.55 - Karyl WING (20 games) - 1985
13. 0.55 - Vanessa TALBOTT (84 games) - 1997-00
14. 0.53 - Wynne McINTOSH (79 games) - 1994-97
15. 0.50 - Nedya Sawan (30 games) - 2020-22
- 0.50 - Megan RAPINOE (60 games) - 2004-08

Game-winning goals

1. 38 - Christine SINCLAIR - 2001-05
2. 26 - Shannon MacMILLAN - 1992-95
3. 22 - Tiffeny MILBRETT - 1990-92,94
4. 21 - Vanessa TALBOTT - 1997-00
5. 18 - Michelle ENYEART - 2006-09
6. 17 - Justi BAUMGARDT - 1993,95-97
7. 15 - Wynne McINTOSH - 1994-97
- 15 - Danielle FOXHOVEN - 2008-11
- 15 - Taryn RIES - 2017-21
10. 12 - Natalie BUDGE - 2004-07
- 12 - Megan RAPINOE - 2004-08
- 12 - Sophie SCHMIDT - 2007-10
- 12 - Lindsey HUIE - 2001-05
14. 10 - Amanda FRISBIE - 2010-13
15. 9 - Micaela CAPELLE - 2010-13
- 9 - Ellen PARKER - 2010-13

Assists

1. 50 - Justi BAUMGARDT - 1993,95-97
2. 48 - Lindsey HUIE - 2001-05
3. 45 - Shannon MacMILLAN - 1992-95
4. 40 - Tiffeny MILBRETT - 1990-92,94
- 40 - Michelle ENYEART - 2006-09
6. 35 - Michelle FRENCH - 1995-98
7. 34 - Angie WOZNUK - 2003-07
8. 32 - Christine SINCLAIR - 2001-05
9. 31 - Sophie SCHMIDT - 2007-10
10. 30 - Erin MISAKI - 1999-02
11. 28 - Cindy GRIFFITH - 1989,91-93
- 28 - Megan RAPINOE - 2004-08
13. 27 - Emily PATTERSON - 1999-02
14. 26 - Natalie BUDGE - 2004-07
- 26 - Kathy JOHNSEN - 1982-84

Individual Career Records

Assists per game (min. 15 games)

1. 0.59 - Justi BAUMGARDT (85 games) - 1993,95-97
2. 0.55 - Shannon MacMILLAN (82 games) - 1992-95
3. 0.54 - Tiffeny MILBRETT (74 games) - 1990-92,94
4. 0.53 - Michelle ENYEART (76 games) - 2006-09
5. 0.50 - Kathy JOHNSEN (52 games) - 1982-84
- 0.50 - Dawn WAGNER (20 games) - 1985
7. 0.48 - Lindsey HUIE (99 games) - 2001-05
8. 0.47 - Tori ROGEL (15 games) - 1990
- 0.47 - Megan RAPINOE (60 games) - 2004-08
10. 0.43 - Sophie SCHMIDT (72 games) - 2007-10
11. 0.42 - Kris WALLACE (38 games) - 1986-88
12. 0.41 - Michelle FRENCH (86 goals) - 1995-98
13. 0.40 - Cindy GRIFFITH (70 games) - 1989,91-93
14. 0.39 - Angie WOZNUK (88 games) - 2003-07
15. 0.35 - Patti DeVITO (17 games) - 1984

Shots attempted

1. 462 - Christine SINCLAIR (110 goals) - 2001-05
2. 404 - Tiffeny MILBRETT (103 goals) - 1990-92,94
3. 389 - Shannon MacMILLAN (87 goals) - 1992-95
4. 353 - Lindsey HUIE (31 goals) - 2001-05
5. 278 - Justi BAUMGARDT (37 goals) - 1993,95-97
6. 249 - Danielle FOXHOVEN (57 goals) - 2008-11
7. 228 - Megan RAPINOE (30 goals) - 2004-08
8. 223 - Vanessa TALBOTT (46 goals) - 1997-00
9. 220 - Michelle ENYEART (48 goals) - 2006-09
10. 218 - Natalie BUDGE (31 goals) - 2004-07
11. 212 - Angie WOZNUK (19 goals) - 2003-07
12. 207 - Sophie SCHMIDT (40 goals) - 2007-10
13. 204 - Tara KOLESKI (30 goals) - 1996-98
14. 179 - Micaela CAPELLE (26 goals) - 2010-13
15. 172 - Wynne McINTOSH (42 goals) - 1994-97

Shots per game (min. 15 games)

1. 5.46 - Tiffeny MILBRETT (74 games) - 1990-92,94
2. 4.91 - Christine SINCLAIR (94 games) - 2001-05
3. 4.74 - Shannon MacMILLAN (82 games) - 1992-95
4. 3.80 - Tori ROGEL (15 games) - 1990
- 3.80 - Megan RAPINOE (60 games) - 2004-08
6. 3.57 - Lindsey HUIE (99 games) - 2001-05
7. 3.29 - Tara KOLESKI (62 games) - 1996-98
8. 3.27 - Justi BAUMGARDT (85 games) - 1993,95-97
9. 2.97 - Nedya Sawan (30 games) - 2020-22
10. 2.89 - Michelle ENYEART (76 games) - 2006-09
11. 2.88 - Sophie SCHMIDT (72 games) - 2007-10
12. 2.86 - Danielle FOXHOVEN (87 games) - 2008-11
13. 2.65 - Vanessa TALBOTT (84 games) - 1997-00
14. 2.41 - Angie WOZNUK (88 games) - 2003-07
15. 2.39 - Micaela CAPELLE (75 games) - 2010-13

Saves

1. 263 - Cori ALEXANDER (54 GA, 263 saves) - 2003-06
2. 250 - Michelle VOILAND (72 GA, 250 saves) - 1991-94
3. 240 - Rachel LUSBY (65 GA, 240 saves) - 2015-18
4. 197 - Cheryl LOVELESS (38 GA, 197 saves) - 1996,98-00
5. 175 - Erin DEES (51 GA, 175 saves) - 2010-13
6. 173 - Gwen THOMPSON (75 GA, 173 saves) - 1987-90
7. 151 - Kelsey DAVIS (26 GA, 151 saves) - 2006-09
8. 132 - Angela HARRISON (26 GA, 132 saves) - 1996-99
9. 130 - Erin FAHEY (22 GA, 130 saves) - 1991-93,95
10. 120 - Hanna DE HAAN (33 GA, 120 saves) - 2014-16
11. 117 - Hailee DeYOUNG (34 GA, 117 saves) - 2007-11
12. 88 - BRE NORRIS (21 GA, 88 saves) - 2021-22
- 71 - Lauren ARASE (11 GA, 71 saves) - 2001-02
14. 65 - Sophia Hills (12 GA, 65 saves) - 2023-26
15. 59 - Jenny WAHLEN (25 GA, 59 saves) - 2019-22

Saves per game (min. 15 games)

1. 4.14 - Rachel LUSBY (58 games) - 2015-18
2. 4.00 - Hanna DE HAAN (30 games) - 2014-16
- 4.00 - BRE NORRIS (22 games) - 2021-22
4. 3.69 - Jenny WAHLEN (16 games) - 2019-22
5. 3.41 - Cristin SHEA (17 games) - 2001-02
6. 3.18 - Erin DEES (55 games) - 2010-13
7. 2.95 - Sophia Hills (22 games) - 2023-26
8. 2.79 - Hailee DeYOUNG (42 games) - 2007-11
9. 2.77 - Cori ALEXANDER (95 games) - 2003-06
10. 2.63 - Lauren ARASE (27 games) - 2001-02
11. 2.60 - Kelsey DAVIS (58 games) - 2006-09
12. 0.76 - Ruth GILLIAM (21 games) - 2003-06

Save percent (min. 20 saves)

1. .866 - Lauren ARASE (11 GA, 71 saves) - 2001-02
2. .855 - Erin FAHEY (22 GA, 130 saves) - 1991-93,95
3. .853 - Kelsey DAVIS (26 GA, 151 saves) - 2006-09
4. .848 - Darci CARRUTHERS (5 GA, 28 saves) - 2000-01
5. .844 - Sophia Hills (12 GA, 65 saves) - 2023-26
6. .838 - Cheryl LOVELESS (38 GA, 197 saves) - 1996,98-00
7. .835 - Angela HARRISON (26 GA, 132 saves) - 1996-99
8. .830 - Cori ALEXANDER (54 GA, 263 saves) - 2003-06
9. .829 - Cristin SHEA (12 GA, 58 saves) - 2001-02
10. .807 - BRE NORRIS (21 GA, 88 saves) - 2021-22
11. .803 - Madison ZAMORA (12 GA, 49 saves) - 2017-20
12. .787 - Rachel LUSBY (65 GA, 240 saves) - 2015-18
13. .784 - Hanna DE HAAN (33 GA, 120 saves) - 2014-16
14. .776 - Michelle VOILAND (72 GA, 250 saves) - 1991-94
15. .775 - Hailee DeYOUNG (34 GA, 117 saves) - 2007-11

Goals against avg (min. 900 minutes)

1. 0.41 - Lauren ARASE (11 GA, 2424 min) - 2001-02
2. 0.46 - Kelsey DAVIS (26 GA, 5083 min) - 2006-09
3. 0.50 - Erin FAHEY (22 GA, 3963 min) - 1991-93,95
4. 0.56 - Sophia Hills (12 GA, 1935 min) - 2023-26
5. 0.58 - Cheryl LOVELESS (38 GA, 5897 min) - 1996,98-00
6. 0.59 - Cori ALEXANDER (54 GA, 8275 min) - 2003-06
7. 0.60 - Angela HARRISON (26 GA, 3929 min) - 1996-99
8. 0.72 - Cristin SHEA (12 GA, 1492 min) - 2001-02
9. 0.79 - Mary Ann UNFRED (10 GA, 1145 min) - 1986,88
10. 0.85 - Shari GREEN (20 GA, 2115 min) - 1983-85
11. 0.89 - Hailee DeYOUNG (34 GA, 3439 min) - 2007-11
12. 0.90 - Madison ZAMORA (12 GA, 1205 min) - 2017-20
13. 0.95 - Erin DEES (51 GA, 4823 min) - 2010-13
14. 0.95 - BRE NORRIS (21 GA, 1980 min) - 2021-22
15. 1.13 - Rachel LUSBY (65 GA, 5180 min) - 2015-18

Individual Career Records

Most shutouts

1. 39 - Cori ALEXANDER - 2003-06
2. 35.0 - Cheryl LOVELESS - 1996,98-00
3. 34 - Kelsey DAVIS - 2006-09
4. 28.0 - Erin FAHEY - 1991-93,95
5. 27.0 - Gwen THOMPSON - 1987-90
6. 24.5 - Angela HARRISON - 1996-99
7. 20.5 - Michelle VOILAND - 1991-94
8. 18.1 - Rachel LUSBY - 2015-18
9. 17.2 - Erin DEES - 2010-13
10. 15 - Lauren ARASE - 2001-02
11. 14 - Hailee DeYOUNG - 2007-11
12. 12.5 - Shari GREEN - 1983-85
13. 8 - Cristin SHEA - 2001-02
8 - Mary DAANE - 1981-82
15. 7.5 - Kari FREDRICKSON - 1983-84